

Women's Age Lab

2021 - 2022

IMPACT REPORT



The Women's Age Lab is the **first and only centre** of its kind in the world. No other organization in the world is solely focused on older women.

VISION: A world where science is used to recognize and address the unique health and well-being needs of older women

MISSION: To improve the lives of older women by using science to transform care and practice, and drive health system and social change

We envision that by 2030, the unique needs of older women will be recognized, and our social and health care system will provide tailored supports and care to older women

Advancing our Four Areas of Action:

GENDERED AGEISM

Built a **science-based case** on how age & gender discrimination impacts the health of older women.



Over 5 MILLION readers reached through publications



Launched a **one-of-a-kind interactive module** to educate on the importance of data disaggregated by sex & age

REIMAGINING AGING IN PLACE

Received pilot funding and developed our **largest proposal to date** for federal funding to improve aging in place for people living in **Naturally Occurring Retirement Communities (NORCs)**.



Collaborated with UHN OpenLab, City of Toronto, Barrie, Public Health Units to deliver this transformative initiative.



OPTIMIZING THERAPIES

Partnered with investigators from **6 COUNTRIES** to reduce drug harm among older adults through GenderNET initiative



Invited to **present and spread this work** at European Union Geriatric Medicine Society meeting in London and conducting a workshop in Paris, France



PROMOTING SOCIAL CONNECTEDNESS

Established an **Intersectoral Collaboration forum** to develop an issue-focused agenda on loneliness



Creating new knowledge - Led research on the need to **support maintaining social connection** of older adults living in congregate care settings



CONTINUING OUR JOURNEY AND LOOKING TO THE FUTURE:

Advancing equity and diversity, and launching a Global first campaign on Gendered Ageism, designed to raise awareness about the harmful impact of discrimination based on age and gender.

Advancing our focus on improving aging in place for individuals from diverse backgrounds, and through our NORCs initiative with our partners on a local, regional and national level.

Putting our research on prescribing cascades to reduce drug harm into action nationally and internationally

Leveraging our Intersectoral Collaboration table to advance the agenda on loneliness. Key areas of future research include evaluating factors associated with loneliness in older immigrants and investigating how loneliness contributes to problematic medication use