



## Introduction

The EMPaCT Engagement Meter is a tool used to **monitor** and **reflect** on different levels of patient engagement in decision-making. **Monitoring** the degree of decision-making in patient engagement promotes transparency and accountability. **Reflecting** on patient engagement activities and how they align with desired goals can help identify areas for improvement.

## Activity

**Monitor:** For each patient engagement project that you have been involved in, place a checkmark in the appropriate column. **Reflect:** Did you achieve your desired outcomes and objectives from the engagement? In what ways were you successful? What challenges did you face?

Inform	Consult	Collaborate	Decide
Provide information	Obtain feedback	Work together to develop alternatives	Make decisions
“We want to let patient and caregiver partners know about what we are doing and what it means for them.”	“We want to let patient and caregiver partners know about what we are doing and gather their feedback and input, which we will then take into consideration in our decision-making.”	“We want to ensure that we are hearing the concerns and aspirations of patient and caregiver partners so that they are directly reflected in our decision-making throughout the process of this project.”	“We want patient and caregiver partners to make this decision/s. We will implement what they decide.”