

SEX AND GENDER PLUS (SGBA+) RESEARCH SUPPORT SERVICE

*PATHWAY TO INCORPORATING SGBA+ INTO HEALTH
RESEARCH*

Provided by:



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About the Sex and Gender Plus Research Support Service

The Sex and Gender+ Research Support Service is a unique research knowledge translation and capacity-building initiative within Women's College Hospital with the aim of advancing and supporting the integration of an intersectional sex and gender lens (SGBA+) in health research in Ontario and beyond. **We offer principal investigators, patient partners and other team members tailored support in considering how to effectively integrate sex, gender and other determinants of health in their studies** – from the initial research question through knowledge translation and dissemination. We develop presentations and educational materials to enhance the quality of research studies through SGBA+, as well as publications for academic and general audiences. Study consultation and proposal review through a sex and gender lens are provided on a cost-recovery basis.

About the Ontario SPOR Support Unit (OSSU)

This service is funded by Ontario SPOR SUPPORT Unit (OSSU), which is supported by the Canadian Institutes of Health Research, the Province of Ontario and partner Ontario hospital foundations and institutes. OSSU is a network of leading health research centres and initiatives that engages researchers, patients and other partners in patient-oriented research by providing supports such as expertise, infrastructure, training and resources to help implement Canada's Strategy for Patient-Oriented Research in Ontario

The Sex and Gender Plus Research Support Service is provided as one of OSSU's fourteen Research Centres offering world leading expertise in data access, methodological and research services, knowledge translation, clinical trials, capacity building and more.

Primary Contacts

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Contact us today to learn more about how we can help you integrate SGBA+ into your research process and enhance your study outcomes: joyce.li@wchospital.ca



<https://ossu.ca/for-researchers/ossu-research-centres/>
<https://www.womensresearch.ca/sex-gender-based-analysis-plus/>
www.womensagelab.ca

Service Pathway: Integrating SGBA+ Throughout the Entire Research Process

The Sex and Gender+ Research Support Service provides consultations and ongoing research support across all stages of a project including (but not limited to) reviewing grant and project proposals, reviewing search terms for literature reviews, review data collection and analyses plans and planning inclusive and tailored dissemination and knowledge mobilization strategies.



Grant and Proposal Preparation

Has SGBA+ been incorporated throughout the research design?

- Project priorities
- Hypotheses
- Data collection
- Data analyses
- Dissemination



Literature Review

What has or has not been published on your research topic from an SGBA+ lens?

What are the research gaps that need to be addressed?



Data Collection and Analyses

Does methodology contain an adequate plan for collecting and analysing data disaggregated by sex, gender, age and their intersections?



Dissemination and Knowledge Mobilization

How can final products be designed and disseminated to meet the tailored needs of diverse populations through an SGBA+ lens?

Select Publications and Resources:

By the Sex and Gender Support Service (WCH)

- [Doing Better: Eleven Strategies to Integrate a Sex and Gender Plus Lens in Health Research. Research Integrity and Peer Review, 2020](#)
- [Essential metrics for assessing sex and gender integration in health research proposals involving human participants, PLOS One, August 2017](#)
- [Why sex and gender matter in implementation research, BMC Med Res Methodol, 2016](#)
- [Integrating and evaluating sex and gender in health research, Health Res Policy Sys, 2016](#)

Health Researcher's Toolkit

The modules included in this toolkit introduce key concepts, definitions, and short video lectures from research experts on integrating SGBA+ into a variety of research methodologies.

Other Resources

- [Gender and Sex Considerations in Research. MSSU \(2023\).](#)
- [Analysing Gender, Stanford University \(2024\).](#)
- [Peters, S.A.E., Woodward, M. A roadmap for sex- and gender-disaggregated health research. BMC Med 21, 354 \(2023\).](#)



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